

Migrant Resource Centre North West Region



The Access and Support service helps people who face challenges accessing the services they need due to diverse circumstances. This includes frail older people, people with disabilities, and their carers who:

- Need help to stay living safely and independently at home
- Have culturally and linguistically diverse backgrounds
- Are financially disadvantaged
- Are living with dementia
- Face other barriers to accessing services

Support from an Access and Support worker is confidential and free of charge.

We will listen to you

An Access and Support worker will talk with you about:

- What matters most to you—your needs and goals
- What support you need to stay safe and well at home
- What you want to be able to do or continue doing

They will also help you understand the range of available services and how to access them. They work in partnership with your family, friends, community, doctor, and other health professionals.

How can an Access and Support worker help you?

An Access and Support worker can assist you to:

- Contact My Aged Care (for people aged 65 and over, or 50+ for Aboriginal and Torres Strait Islander people)
- Contact an assessment service for the HACC Program for Younger People (for people under 65, or under 50 for Aboriginal and Torres Strait Islander people)
- Contact the National Disability Insurance Scheme (NDIS) if you may be eligible

They can also help you:

- Prepare for assessments and understand the process
- Learn how services work and how to apply
- Understand any costs involved
- Explore services that suit your needs and lifestyle
- Decide how you'd like services to be delivered

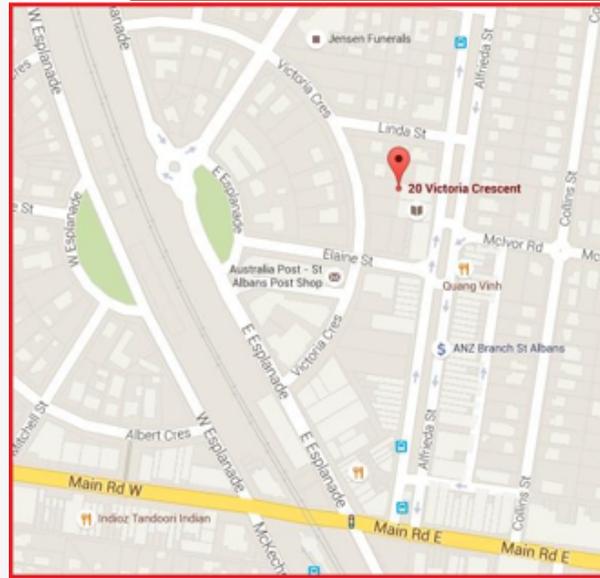
The Commonwealth Home Support Program (CHSP) helps older Australians -who are 65 or older (or 50+ for Aboriginal and Torres Strait Islander people), as well as 50+ (45+ for Indigenous Australians) and homeless or at risk of homelessness-to live independently at home by offering basic support services like cleaning, meals, transport, and social activities.

HACC Program for Younger People (HACC PYP) funded by the Victorian Government supports people under 65 (or under 50 for Aboriginal and Torres Strait Islander people) whose ability to live independently is at risk due to chronic illness, disability, or mental health issues. Services are delivered by local councils, health services, and community organisations.

Catchment area

The Access and Support service for people under 65 years of age (or under 50 for Aboriginal and Torres Strait Islander people) is provided within the **Brimbank Local Government Area (LGA)**.

There is no catchment area restriction for individuals over 65 years of age.



Contact us

 **1300 676 044**

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 20 Victoria Crescent, St Albans VIC 3021.
Entry is on Alfrieda Street, next to the Library.

(NB: for wheelchair access, enter from Victoria Crescent)

MRC
North West Region Inc

ACCESS AND SUPPORT

Helping you get the support you need